



**John Tallent**

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I often feel obligated to post FYI statuses after work because of awkward/enraging customer interactions. So, for today:

Veganism doesn't mean any of the following: gluten-free, unprocessed foods, no oils, no bread, eating 'humanely-treated' flesh/eggs/honey/milk/wool/leather/etc., or support for PETA.

Veganism simply means that a person believes in (and practices!) the abolition of all nonhuman animal use. It's not a diet about health; it's a philosophy about nonhuman animal rights.

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**Jason Anderson** SOMEWHAT related, and I probably shouldn't say anything, but fuck it. I was reading this long winded rant from an FA blogger whose random argument of the day was basically, "I don't eat unhealthy food. I'm vegan". \*eye roll\* Just to be clear, that'... [See More](#)

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**John Tallent** AGREED. I'm vegan and everyone knows I eat like shit, mostly.

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